

BE SMART ABOUT SKIN CANCER

1 in 36 men will be diagnosed with melanoma skin cancer in their lifetime

Check your skin: Contact your GP if you notice new or changing moles or lesions

Protect your skin from the sun: Use SPF 30+ sunscreen

Contact our free and confidential Melanoma Helpline for information and support **0808 801 0777**



Scan the QR code or visit www.melanomafocus.org

WELDWOWN AND STATE

MELANOMA



are preventable

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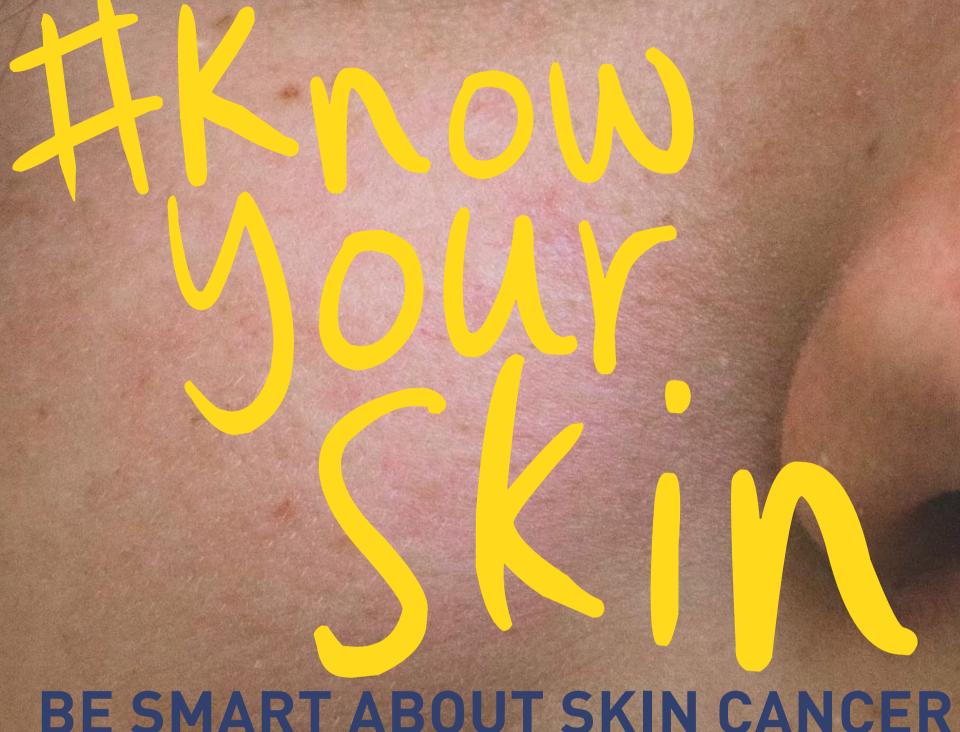


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Registered charity number: 1124716







BE SMART ABOUT SKIN CANCER

1 in 47 women will be diagnosed with melanoma skin cancer in their lifetime

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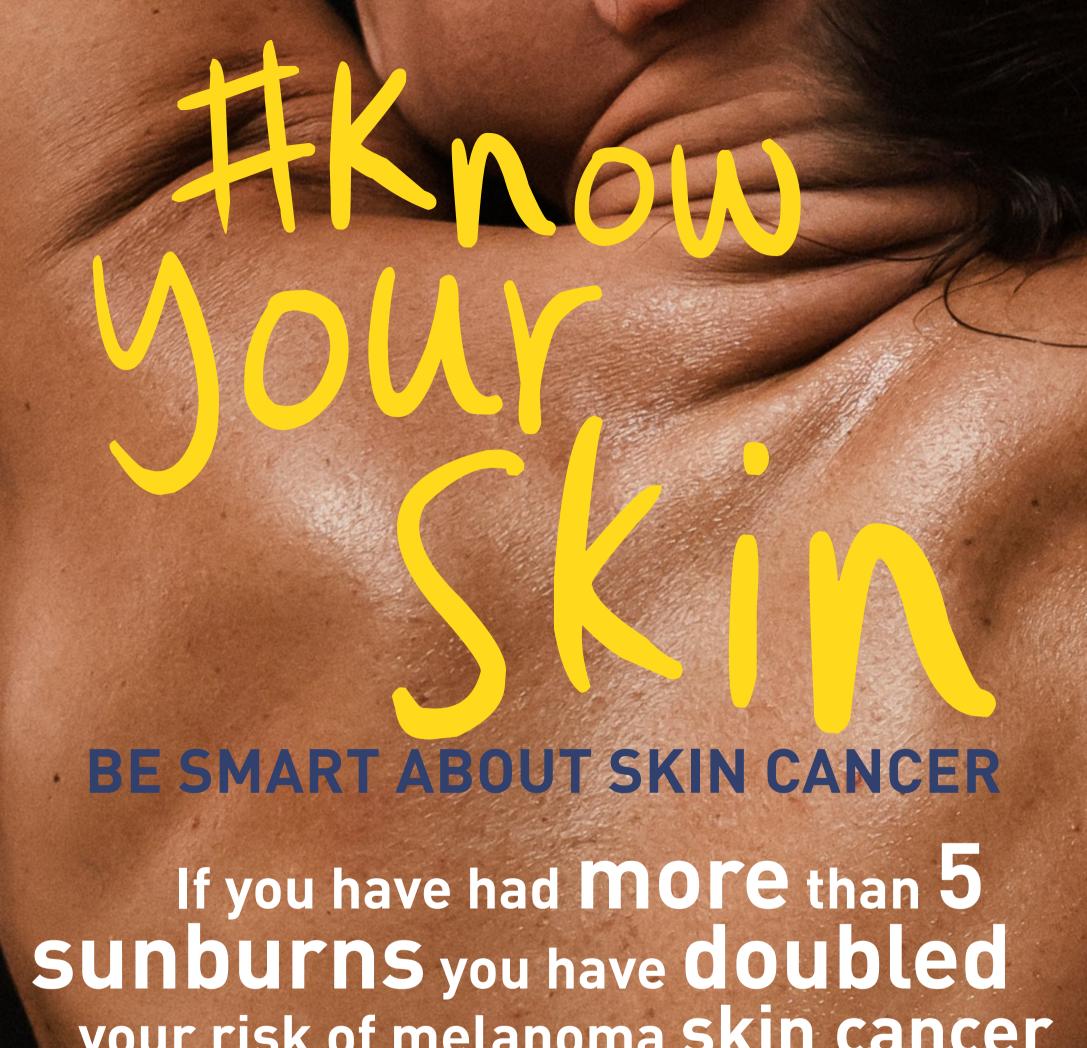


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your risk of melanoma skin cancer

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