

CHECK YOUR SKIN FOR NEW OR CHANGING MOLES OR LESIONS

**BE
SMART
ABOUT
SKIN
CANCER**



*#know
your
skin*



**More than
5
Sunburns
Doubles
your risk
of
Melanoma
Skin
Cancer**

PROTECT YOUR SKIN FROM THE SUN USE SPF 30+ SUNSCREEN

**MELANOMA
FOCUS**

Registered Charity No. 1124716



CONTACT OUR **FREE AND
CONFIDENTIAL HELPLINE**
0808 801 0777

SCAN THE QR CODE OR VISIT:
melanomafocus.org